

The Eucharist, Pledge of Our Resurrection by St. Irenaeus

If our flesh is not saved, then the Lord has not redeemed us with His blood, the eucharistic chalice does not make us sharers in His blood, and the bread we break does not make us sharers in His body. There can be no blood without veins, flesh and the rest of the human substance, and this the Word of God actually became: it was with His own blood that He redeemed us. As the Apostle says: *In Him, through His blood, we have been redeemed, our sins have been forgiven.*

Saint Paul says in his letter to the Ephesians that *we are members of His body*, of His flesh and bones. He is not speaking of some spiritual and incorporeal kind of man, *for spirits do not have flesh and bones*. He is speaking of a real human body composed of flesh, sinews and bones., nourished by the chalice of Christ's blood and receiving growth from the bread which is His body.

In the same way our bodies, which have been nourished by the eucharist, will be buried in the earth and will decay, but they will rise again at the appointed time, for the Word of God will raise them up to the glory of God the Father. Then the Father will clothe our mortal nature in immortality, endow our corruptible nature with incorruptibility, for God's power is shown most perfectly in weakness.

Pro-Life Dinner with Alex Schadenberg on May 2, 6.30pm

St. Mary Catholic Church hall, 90 Griffith St., Welland, ON.

Call Josie: 905-735-3666. \$45 per person

Catholic Education Week begins on Sunday, May 3, 2026 This year's Catholic Education theme is, "Pilgrims of Hope: On the Path to Holiness." "As God who called you is holy, be holy yourselves." 1 Peter 1:15-1