St. Andrew the Apostle

# CWL NEWSLETTER

Issue 07/2025

**WELCOME!**

***HERE I AM LORD; SEND ME***

***Happy Canada Day***
***&***
***Happy Summer***

Jubilee 2025

***"Let us be pilgrims of hope bringing light to the world."***

## Prayer for Canada

O most Blessed Virgin Mary, Mother of Mercy, we entrust our country, Canada, to your loving care. We ask you to protect us from evil and guide us towards a culture of life, especially concerning abortion and the breakdown of family life.

We also turn to St. Joseph, Patron of Canada, and beg him to intercede for us, keeping the unity, faith, and integrity of our nation.

Grant us the wisdom to know and proclaim that this nation was founded on God's law and that He alone is the True Source of our cherished rights and freedoms.

Help us to see each person as one whom you have created in your image and for your purposes.

May God's values of love, justice, and mercy be instilled in all of us, so that we may be a blessing to our world.

We ask for reconciliation and understanding within our great nation, and we look forward to the return of our Lord Jesus Christ.

O glorious St. Joseph, pillar of families, hope of the sick, terror of demons, protect us. Amen.

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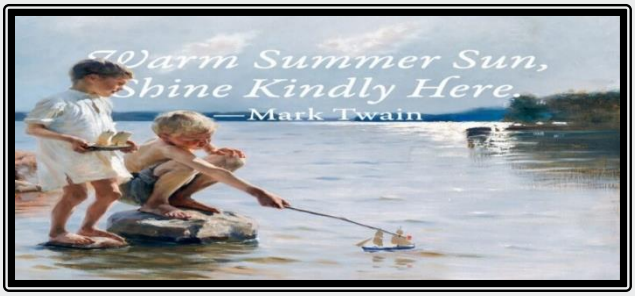
## FROM THE PRESIDENT'S DESK

Our parish council held our last general meeting before the summer recess at Our Lady of the Rosary Shrine with our Spiritual Advisor, Fr. Paul Vellakunnathu kindly celebrating Mass in the Chapel. It was felt that this could provide extra opportunity for members to gain a plenary indulgence, during this Jubilee Year of Hope, having covered some of the necessary requirements of this blessing. Members shared a meal of pizza, provided by our council, and members shared other goodies for attendees to enjoy. All appreciated the time of fellowship, and a brief meeting was held. Members agreed that we should garner signatures for a petition, provided by National Council, to be delivered to our Member of Parliament, Fred Davies, regarding the recommendations of the Federal Finance Committee being proposed for the 2025 Budget. These would change the eligibility criteria for charitable status of religious and pro-life organizations and their future ability to provide income tax receipts for charitable giving. If you would like to support this endeavor, please sign the petition at the back of the church. Enjoy your summer holidays!




## IMPORTANT DATES AND REMINDERS

**Next General Meeting**
Wednesday, September 17, 2025
Parish Hall
**6:00pm**

**POINSETTIA FESTIVAL**
Sunday, November 9, 2025
12:00pm – 2:00pm
St. Andrew Parish Hall
Please bring any donation items to the General Meeting in October. Please consider bringing a food item for the grocery raffle.

**Do what you can, with what you have, where you are.**

### CONTACT INFORMATION

## MEMBERSHIP

If you do not currently enjoy the benefits of CWL membership and have interest in joining the CWL, please contact our Standing Committee Chairperson of Organization, Mary Jane at 905 734-1611.

## DIOCESAN NEWS TO SHARE

**ST. CATHARINES DIOCESAN COUNCIL**

**MEET & GREET**
Friday, September 12, 2025
St. John's Ukrainian Church
91 Lakeshore Road,
St. Catharines
Tickets: $35.00
Contact: Shelley Tamas 905-714-7677

Pop Can Tabs Collection
Wheelchairs for Those in Need

**LEAGUE DEVELOPMENT DAY**
Saturday, October 25, 2025
St. Alexander Church
9:30am – 12:30pm
Topic: TBA

# FAITH

## PLENARY INDULGENCE:

**Can be obtained by meeting certain conditions such as:**
**If you are in a state of grace:** this means being free from the stain of mortal sin;
**If you receive the Sacrament of Reconciliation:** confess your sins to a priest;
**Receive Holy Communion:** participate in the Eucharist;
**Pray for the intentions of the Holy Father:** pray for the Pope's intentions and the good of the Church;
**Perform prescribed acts:** visit a designated holy site, pray the Jubilee Prayer, attend Mass, meditate on the Rosary or recite the Apostle Creed.
You can receive a plenary indulgence by pilgrimaging to a pilgrimage destination during the Jubilee Year by adhering to these conditions as mentioned.
A plenary indulgence in the Catholic Church is the full remission of all punishment due to sins that have already been forgiven through the Sacrament of Reconciliation. It essentially wipes away all temporal punishment, allowing the soul to be as pure as a newly baptized *individual.*

## SOCIAL JUSTICE

I prioritized the opportunity to attend the diocesan event, **"Where Will My Sister Lay Her Head?"**, that was held on Saturday, May 31, 2025 at St. Alfred Church Pastoral Centre. I admit that I wasn't keen on sacrificing another Saturday, but I was pleasantly surprised and thankful that I did after all. It turned out that the meeting was an excellent occasion to learn more about the plight of the homeless and to discover how better to assist those who find themselves in this circumstance. Marnie Katzman spoke of her experience of being homeless and the challenges of this lifestyle. Fr. Gerard gave his testimony and how he and his parishioners kindly serve unhoused individuals in the Niagara Falls area near St. Patrick Church. Jane LaVacca, from Westview Centre for Women St. Catharines spoke of how the agency assists women of the Niagara Region who are in this predicament.

I pray that hopefully, our parish council will be able to assist in some way and that our hearts will be stirred with compassion for our brothers and sisters in Christ.

## QUICK LINKS

**St. Andrew Parish Council**

standrewcwlwelland@gmail.com

**WEBSITES:**

**Diocesan Council**

www.stcatharinescwl.ca

**Provincial Council**

www.cwl.on.ca

**National Council**

www.cwl.ca

**Diocese**

www.saintcd.com

## MISSION STATEMENT

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

## SERVICE

## 2025 CWL SERVICE AWARDS

We congratulate and recognize the following ladies who received awards, from President, Shelley Tamas, for significant years of service at our May Potluck Supper & General Meeting, Wednesday, May 21, 2025 for their contributions of time, talent, and treasure to The Catholic Women's League of Canada. Both members served as presidents of our council.

40 Year Pin – **Teresa Albano**

60 Year Pin – **Yoli Pelligrino**

May God bless you abundantly for all that you do in service for God and Canada.

**Thank you to all members for all that you do in service to St. Andrew-the-Apostle Parish Council for God and Canada.**

*If you think you are too small to make a difference, try sleeping with a mosquito.*
Dalai Lama XIV

Top: Teresa Albano & Shelley Tamas

Below: Yoli Pelligrino & Shelley Tamas

## Prayer for Summer

"Loving God, Creator of all times and places, we thank you for the gift of summertime, the days of light, warmth, and leisure. Guide our steps and strengthen our hearts during these months of summer and vacation. Grant us refreshment of mind and body. We ask that you fill us with your awareness and make us aware of your presence around us. May we use this time to grow in faith, and seek to redeem and enjoy all the time you have granted us. Please protect us from harm and temptation. We pray this in Jesus' name. Amen."

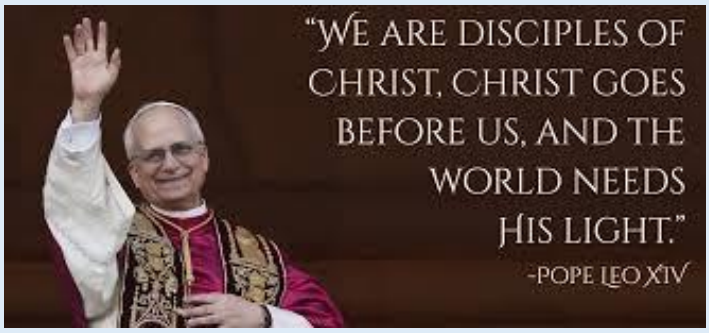
# CWL NATIONAL CONVENTION

## NATIONAL PRESIDENT & SPIRITUAL ADVISOR

On Wednesday, August 13, 2025, Betty Colaneri will be installed as the National President of The Catholic Women's League of Canada following the Convention Closing Mass at St. Michael Cathedral, Toronto and the Bishop of our Diocese the Most Rev. Gerard Bergie will also be installed as the National Spiritual Advisor. This is a first for our diocese. Kay Kiss and myself will be travelling together in a bus charted by diocesan council to support and to share in this wonderful occasion.

I ask that you keep both Betty and Bishop Bergie in your prayers as they carry out their responsibilities of service and use their gifts and talents to carry on God's work.

May God bless them abundantly for their selfless yes.




**Prayer for Pope Leo XIV**

**Heavenly Father,** You have raised Your servant, Pope Leo XIV, to the Chair of Saint Peter.
Pour out Your abundant blessings upon him.
Through him, guide Your pilgrim Church along the path to Heaven.
Grant him wisdom to discern Your will, courage to fulfill it, and charity to shepherd Your people with the Heart of Christ.
In this time of transition, bring peace to troubled hearts, joy to those who suffer, and hope to the despairing.
May he be a faithful successor to Saint Peter, a humble servant of Your Word, and a fearless herald of Your Divine Mercy and Truth.
Strengthen him with the grace of the Holy Spirit, that he may lead the Church in unity, holiness, and fidelity.
We entrust him to the maternal care of the Blessed Virgin Mary and to the prayers of all the saints.
Through Christ our Lord. Amen.

# NEWSLETTER CONTRIBUTIONS

You are welcome to submit a newsletter contribution to Shelley Tamas before the first of the month and she will do her best to include your contribution.

**THE ASSUMPTION OF MARY**
**August 15**

## PIER GIORGIO FRASSATI

**(6 April 1901–4 July 1925)**
**Beatified May 20, 1990 in St. Peter Square, Vatican City by Pope John Paul II.**

Pier Giorgio Frassati was an Italian Catholic activist and a member of the Third Order of Saint Dominic. He was dedicated to Catholic social justice issues and joined several charitable organizations, including Catholic Action and the Society of Saint Vincent de Paul, to better aid the poor and less fortunate living in his hometown of Turin. He put his own pious beliefs into practice to cater to their needs and was best known for his devotion and amiable character. He is the patron of students, young Catholics and youth groups. On November 30, 2024, it was announced that Frassati would be canonized during the Jubilee of Youth, with the canonization ceremonies occurring on Sunday, September 7, 2025.

## WHAT'S NEW AT THE SHRINE!

### *The Whole Truth about Mary*

Have you ever wondered why Catholics make such a big deal about Mary? Or desired to understand Our Lady more deeply and deepen your relationship with her?

Join the Shrine's Spiritual Formation Lead, Adelaine Nohara, in this new four-week Catholic formation course that provides an introduction to the whole truth about Mary and how we are called to respond to that truth.

The course culminates in an invitation to consecrate ourselves to Mary's Immaculate Heart according to the method of St. Louis de Montfort. See below for details on the Total Consecration to Mary's Immaculate Heart to take place in September.

Each class will take place 6:30–8:30 pm, in the Shrine's St. Joseph Room.

The cost of the course is $30 – please bring cash on your first day.

**Course #1**: Wednesdays in July
Wednesdays, July 9, 16, 23 & 30, 6:30–8:30 pm, in the St. Joseph Room

**Course #2**: Mondays in August
Mondays, August 4*, 11, 18 & 25, 6:30–8:30 pm, in the St. Joseph Room

*Please note that the first class takes place on the Civic Holiday, Monday, August 4.

## HAPPY BIRTHDAY

We wish to convey our sincere wishes for a Happy Birthday to our dear sisters in the League who will celebrate a birthday in August.

04/08 Monique Shinton

24/08 Janis Garel Martel

## HAPPY ANNIVERSARY

Congratulations to those celebrating Anniversaries in July.

09/07 Toni Garofalo

13/07 Connie & George Poll

31/07 Shelley & John Tamas

## World Day of Grandparents and the Elderly

The Holy Father chose the theme of the 5th World Day of Grandparents and the Elderly, to be held this year on Sunday, 27 July: "Blessed are those who have not lost hope." (Sir 14:2) These words, taken from the Book of Sirach, express the blessedness of the elderly and indicate hope placed in the Lord as the way to a Christian and reconciled old age. In the Jubilee year, the day, established by Pope Francis in 2021, is intended to be an opportunity to reflect on how the presence of grandparents and the elderly can become a sign of hope in every family and church community.