



Separated & Divorced Healing Ministry

Diocese of St. Catharines

PO Box 875, St. Catharines, ON L2R 6Z4

The Diocesan Separated & Divorced Healing Ministry Support Group meets every second and fourth Monday of the month (except holidays) from 7:00 p.m. to 9:00 p.m. at Mount Carmel Spiritual Centre, 7020 Stanley Avenue, Niagara Falls, Ontario.

For our pamphlet, information, and registration call 905-356-4113 or 905-684-0154, or email separatedanddivorced@saintcd.com

Meetings will be held both in person at Mount Carmel and virtually via Zoom platform.

No registration is needed to attend in person.

To participate via Zoom please see contact information above to pre-register.

PROGRAM SCHEDULE FOR FALL 2023 (Sept - Dec)

September 11, 2023	The Journey
September 25, 2023	Coping with Stress
October 10, 2023 <i>(Note date change to Tuesday due to holiday)</i>	Causes of Anger
October 23, 2023	Working Through Anger
November 13, 2023	Pastoral Care, Fr. Chris Kulig, Presenter
November 27, 2023	Sadness and Depression
December 11, 2023	Benefits of Waiting and Advent Prayer Service, Fr. Michael Wastag, Presenter

- ❖ No meeting December 25, 2023
- ❖ Next meeting January 8, 2024