

ST. ANDREW CATHOLIC CHURCH, WELLAND

FOURTH SUNDAY OF LENT – MARCH 15, 2026

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DONATIONS

Kindly send a cheque, payable to
 St. Andrew Catholic Church,
 Welland
 E-Transfer:
saint2020andrew@gmail.com

Office Hours
Friday Only
 10:00am to 2:00pm
 (Please call before
 visiting the office).

Mass Intentions - Week of March 14 to March 22

SATURDAY March 14 – 5:00pm

Angela Albano by Family

Thomas Mathews by Maria Fazzalari

Florence Paul by Anita & Denis Bilodeau

SUNDAY March 15 - 9:00am

Fourth Sunday of Lent

Robert Lamb by wife, Mary Lamb

Carlo Nero by Rose Pacilli & Nero Family

Conrad & Jean-Luc Lemelin by Wife & Mother

For the Intentions of Sr. Amanda by Jacky Jayan

11:00am - For all your Intentions

SUNDAY LATE EVENING MASS - 8:15pm

In honour of St. Monica by G. Pang

TUESDAY March 17 - 5:00pm - *Mass & Adoration*

Thomas Mathews by Sara Violi

WEDNESDAY March 18 - 9:00am

In Honour of St. Joseph by Lastovic Family

THURSDAY March 19 - 5:00pm - *Mass & Adoration*

Tommaso DiGioia by Teresa DiGioia

FRIDAY March 20 - 9:35am

Gratitude to Guardian Angels

6:30pm – *Stations of the Cross and Prayers*

SATURDAY March 21 – 5:00pm

Mr. K.M. & Mrs. S.J. Pang by Grace Pang

Lidia Labricciosa by Angela Camposarcone

SUNDAY March 22 - 9:00am

Fifth Sunday of Lent

Annunziata Mammoliti by Grandchildren

Anna Maria Giovinazzo by Family

Thomas Mathews by Jessie Mani

11:00am - For all your Intentions

SUNDAY LATE EVENING MASS - 8:15pm

In honour of St. Helena by G. Pang



Confession Tuesday to Friday 8:00pm – 9:00pm

No Confessions on Solemnity of St. Joseph

March 19, & from Holy Week March 24 to April 13

Lenten Wednesdays (from Feb. 25 for six weeks)

Video Talk on The Sacrament of Marriage

6:30pm to 8:00pm, at the Church.

Share Lent Collection - (CCODP) – Special collection envelopes can be found in your envelope box. “So many people even today hope to have enough to eat. The planet has food for all, but the will to share with everyone seems to be lacking.” Please see back page



9 Chief Benefits of Confession - Part 1, by Fr. Wade Menezes

In the Catechism of the Catholic Church, the Sacrament of Confession is given several other important names that convey its very nature and the benefits received by the person who avails himself of this sacrament. In CCC 1423-1424, Confession is beautifully and rightly referred to as the Sacrament of Conversion, the Sacrament of Penance, the Sacrament of Forgiveness and the Sacrament of Reconciliation.

These five titles should tell us something about the magnificent “scope” of this sacrament and its aid to the human soul, human life and the *spiritual life*. In this regard, it’s worth remembering, too, that the Sacrament of Confession is one of only two sacraments that can be received both repeatedly *and* frequently (the Sacrament of the Eucharist being the other). Why is this? Because these two sacraments sustain us in our daily journey through life — regardless of one’s vocation and state in life. Confession greatly aids us in our journey to our ultimate end: Heaven, the Beatific Vision, Eternal Beatitude. But how does Confession do this? Well, I can think of nine ways. I cull these “Nine Benefits of Confession” from the teaching of Pope Pius XII.

In his landmark encyclical *Mystici Corporis Christi* on the Catholic Church as the Mystical Body of Christ (promulgated universally in the midst of World War II in 1943), Pope Pius XII defends the practice of frequent confession - even if one has only venial sins to confess. He says that through the regular reception of the Sacrament of Confession, “genuine self-knowledge is increased, Christian humility grows, bad habits are corrected, spiritual neglect and tepidity are resisted, the conscience is purified, the will strengthened, a salutary self-control is attained, and grace is increased in virtue of the Sacrament itself.” (*Mystici Corporis Christi*, 88).

So, whether it be just venial sins that are confessed, or mortal sins, or a combination of both, these are the nine chief benefits of this particular sacrament.

1. Self-knowledge is increased. Many saints make it clear in their writing and teaching that self-knowledge is needed to grow in holiness. This means knowing and admitting your virtues so you can advance them in your life, and knowing and admitting your vices so you can uproot them out of your life.

2. Bad habits are corrected. Through frequent Confession and honesty with one’s confessor, who will offer advice accordingly, bad habits can be overcome. Frequent, worthy reception of the Sacrament of Confession means frequent graces received from that sacrament for those bad habits.

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St. Andrew’s CWL Parish Council meeting in the church hall, Wednesday, March 18 - 5:30pm