

ST. ANDREW CATHOLIC CHURCH, WELLAND

FIFTH SUNDAY OF LENT – MARCH 22, 2026

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DONATIONS

Kindly send a cheque, payable to
 St. Andrew Catholic Church,
 Welland
 E-Transfer:
saint2020andrew@gmail.com

Office Hours
Friday Only
 10:00am to 2:00pm
 (Please call before
 visiting the office).

Mass Intentions - Week of March 21 to March 29

SATURDAY March 21 – 5:00pm
 Mr. K.M. & Mrs. S.J. Pang by Grace Pang
 Lidia Labricciosa by Angela Camposarcone
SUNDAY March 22 - 9:00am

Fifth Sunday of Lent

Annunziata Mammoliti by Grandchildren
 Anna Maria Giovinazzo by Family
 Thomas Mathews by Jessie Mani
11:00am - For all your Intentions

SUNDAY LATE EVENING MASS - 8:15pm

In honour of St. Helena by G. Pang

TUESDAY March 24 - 5:00pm - Mass & Adoration

Amie Garland by Linda Matchett

WEDNESDAY March 25 - 9:00am

John LaPointe by David Fox

THURSDAY March 26 - 5:00pm - Mass & Adoration

Kevin Kiss by John & Kay Kiss

FRIDAY March 27 - 9:35am

Linda Lingaitis by David Fox

6:30pm – Stations of the Cross and Prayers

SATURDAY March 28 – 5:00pm

Mr. K.M. & Mrs. S.J. Pang by Grace Pang
 For intentions of Ben, Monique & Mark Trommels by
 Barbara Nenadovich & Family
 Maria Mannella by her Children

SUNDAY March 29 - 9:00am

Passion (Palm) Sunday

Lidia Labricciosa by Franca Sdao

Barb & Terry by Connie

Intentions of Sr. Nelfa by Jacky Jayan

10:40am - For all your Intentions

SUNDAY LATE EVENING MASS - 8:15pm

In honour of St. Veronica by G. Pang



Confession Tuesday to Friday 8:00pm – 9:00pm

No Evening Confessions from March 24 to April 20

Lenten Wednesdays (from Feb. 25 for six weeks)

Video Talk on The Sacrament of Marriage

6:30pm to 8:00pm, at the Church.

Share Lent Collection - (CCODP) Will Be This

Weekend – Special envelopes are in your envelope box.

40 Days for Life – Our parish day at the Niagara Falls

hospital to end abortion is Tuesday, March 24, 2026

8:00am to 8:00pm anytime.

Special Collection for the Holy Land

Good Friday – April 3, 2026



9 Chief Benefits of Confession - Part 2, by Fr. Wade Menezes

5. Spiritual tepidity is resisted. Let's say you do, indeed, carry out such spiritual practices but, only infrequently.

In other words, you carry them out in a tepid or lukewarm manner. The graces from frequent Confession can help ignite a renewed spiritual fervor that will help make your daily spiritual life grow stronger and more committed every day.

6. Conscience is purified. Confession of one's sins brings with it a purification and, importantly, peace of conscience. This is tied to the healing aspect of Confession. Indeed, Confession is one of two "healing" sacraments, along with the Sacrament of the Anointing of the Sick. Both of these sacraments aid the body-soul reality of the human person.

7. The will is strengthened. Whereas our intellect is what helps us "to know," our will is what helps us "to choose" (based on properly ordered love as opposed to choosing something based on disordered love). Through the practice of frequent Confession, our wills become strengthened to help us more frequently choose good over evil, virtue over vice, and the beneficial over the malicious.

8. A salutary self-control is achieved. Only you can control you. Frequent Confession makes us simply want to "do better" in all aspects of daily living. It's the grace of the sacrament that propels us to control our lives better by practicing an ordinate love toward persons, places and things and not an inordinate, or disordered, love toward them.

9. Grace is increased in virtue of the sacrament itself. Every sacrament, when it is received worthily, increases sanctifying grace in the soul. For Eucharist and Confession — again, the only two sacraments that can be received both repeatedly and frequently — this is especially true. In fact, the Sacrament of Confession can even help to perfect the grace of our Baptism. This is because Baptism, while wiping away the Original Sin we inherit from our first parents, also wipes away any personal sin (also called "actual sin") we might have (i.e., any venial or mortal sin). Confession helps rid us of personal sin committed *after* Baptism. Illustrating these truths, Pope St. Paul VI (echoing Pope Pius XII), stressed the "great value" of "frequent and reverent recourse to this Sacrament [of Confession] even when only venial sins are in question." When he promulgated the new rite of the Sacrament of Penance following the Second Vatican Council, he stated that this practice "is a constant effort to bring to perfection the grace of our Baptism." (Dec. 2, 1973).

See the conclusion on the back page →