

# ST. ANDREW CATHOLIC CHURCH, WELLAND

## THIRD SUNDAY OF LENT – MARCH 8, 2026

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### DONATIONS

Kindly send a cheque, payable to  
 St. Andrew Catholic Church,  
 Welland  
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Office Hours  
**Friday Only**  
 10:00am to 2:00pm  
 (Please call before  
 visiting the office).

### Mass Intentions - Week of March 7 to March 15

**SATURDAY March 7 – 5:00pm**

Florence Holland by Daughter Mary Lamb

Lidia Labricciosa by Rita Lowry

Carmela Bocchini by John & Kay Kiss

**SUNDAY March 8 - 9:00am**

Third Sunday of Lent

Franco Sdao by Franca Sdao

Antonio Giovinazzo by Family

Michael Angelo Mammoliti by Grandchildren

11:00am - For all your Intentions

**SUNDAY LATE EVENING MASS - 8:15pm**

In honour of St. Paul by G. Pang

**TUESDAY March 10 - 5:00pm - *Mass & Adoration***

Lidia Labricciosa by Maria & Carmelo Mazzei

**WEDNESDAY March 11 - 9:00am**

Brittany McMullen by Liliane Lemelin

**THURSDAY March 12 - 5:00pm - *Mass & Adoration***

Vincenzo Fazzalari by Maria Fazzalari

**FRIDAY March 13 - 9:35am**

Grace Bartel by David Fox

**6:30pm – *Stations of the Cross and Prayers***

**SATURDAY March 14 – 5:00pm**

Angela Albano by Family

Thomas Matthews by Maria Fazzalari

Florence Paul by Anita & Denis Bilodeau

**SUNDAY March 15 - 9:00am**

Fourth Sunday of Lent

Robert Lamb by Wife Mary Lamb

Carlo Nero by Rose Pacilli & Nero Family

Conrad & Jean-Luc Lemelin by Wife & Mother

For the Intentions of Sr. Amanda by Jacky Jayan

11:00am - For all your Intentions

**SUNDAY LATE EVENING MASS - 8:15pm**

In honour of St. Monica by G. Pang



**Confession Tuesday to Friday 8:00pm – 9:00pm**

**No Confessions on Solemnity of St. Joseph**

**March 19, & from around Holy Week March 24 to April 13**

**Lenten Wednesdays (from Feb. 25 for six weeks)**

Video Talk on The Theology of the Body from 6.30pm to 8pm, at the Church. **Please join us as we explore the revolutionary teachings of Pope St. John Paul II and discuss & examine the dignity of human love.**

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### POPE LEO's Lenten Message: Listening and Fasting - Part 2

Dear brothers and sisters, with spiritual insight, Saint Augustine helps us to understand the tension between the present moment and the future fulfilment that characterizes this custody of the heart. He observes that: "In the course of earthly life, it is incumbent upon men and women to hunger and thirst for justice, but to be satisfied belongs to the next life. Angels are satisfied with this bread, this food. The human race, on the other hand, hungers for it; we are all drawn to it in our desire. Fasting not only permits us to govern our desire, purifying it and making it freer, but also to expand it, so that it is directed towards God and doing good.

However, in order to practice fasting in accordance with its evangelical character and avoid the temptation that leads to pride, it must be lived in faith and humility. "Those who are unable to nourish themselves with the Word of God do not fast properly." Fasting must also include other forms of self-denial, a more sober lifestyle, since "austerity alone makes the Christian life strong and authentic."

In this regard, I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbor. Let us begin by disarming our language, avoiding harsh words and rash judgement, refraining from slander and speaking ill of those not present to defend themselves. Instead, let us strive to measure our words and cultivate kindness and respect in our families, among our friends, at work, on social media, in political debates, in the media and in Christian communities. In this way, words of hatred will become words of hope and peace.

**Together:** Finally, Lent emphasizes the communal aspect of listening to the word and fasting. In the Book of Nehemiah, he recounts how the people gathered to listen to the public reading of the Law, preparing to profess their faith and worship through fasting, so as to renew the covenant with God (cf. 9:1-3).

Likewise, our parishes, families, ecclesial groups and religious communities are called to undertake a shared journey during Lent, in which listening to the Word of God, as well as to the cry of the poor and of the earth, becomes part of our community life, and fasting a foundation for sincere repentance. It means allowing ourselves to be challenged by reality and recognizing what truly guides our desires in regards to humanity's thirst for justice and reconciliation.

Dear friends, let us ask for the grace of a Lent that leads us to greater attentiveness to God and to the least among us. Let us ask for the strength that comes from the type of fasting that also extends to our use of language, so that hurtful words may diminish and give way to a greater space for the voice of others. Let us strive to make our communities places where the cry of those who suffer finds welcome, and listening opens paths towards liberation, making us eager to contribute to building a civilization of love. I impart my heartfelt blessing upon all of you on your Lenten journey.